### A Newsletter of Girl Guides of Canada-Guides du Canada, Saskatchewan Council

February 2014

Volume 25 Issue 3



# Membership

Submitted by Heather Levy Provincial Membership (Recruitment and Retention) Adviser

Congratulations! YOU Grew Guiding in Saskatchewan!

Last year you were challenged to help Grow Guiding in Saskatchewan and to help Keep Guiding Strong in Saskatchewan; and a year later we can say, "YOU DID IT! Congratulations, Saskatchewan Guiders!"

The official count is in and we grew by over 7%. This is a tremendous accomplishment and all of your hard work, great programming, and Guiding pride have paid off. And, for a little extra Saskatchewan pride – we had one of the greatest increases across the country AND exceeded our goal of an increase of 5%.

In 2014 you can stand tall and be proud because together we are:

- Providing great programming to 191 more girls.
- Keeping 10 more girls active in Guiding as a Ranger or LINK.
- Including 15 more women in the sisterhood of Guiding.
- Welcoming a total of 216 new members to total 3,221
   Saskatchewan Guiding members.

(See page 9 for Membership statistics chart)

Be proud, because it is what YOU do and what YOU say that makes this possible!



Girls from North x North West District enjoy a sleigh ride with a new friend



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**Girl Greatness Starts Here!** 



# **Upcoming dates...**



March 7-9 Lady B-P Weekend (Prince Albert) March 14-16 Pathfinder/Ranger Conference (Beaver Creek south of Saskatoon)

**Provincial Council Meeting** March 14-15 April 1 – June 27 Early Bird Registration

April 5-6 Trainer's Training (Saskatoon)

April 10 Prairie Lily deadline

April 13 **Provincial Conference Call** 

DC Forum & Annual Meeting (Waldheim) April 25-27 May 2-4 OAL Adventure Training (Trefoil Trails) Clean-Up Saskatchewan (Tim Hortons) May 3

Can-ta-ka-ye Clean Up May 3-4 May 23-24 **Provincial Council Meeting** Spring Camp at Can-ta-ka-ye May 23-25 June 6-8 Spring Camp at Can-ta-ka-ye July 24-27

Sparks & Brownies Camp at Can-ta-ka-ye August 7-10 Guides & Pathfinders Camp at Can-ta-ka-ye August 8-11 Serenity Retreat (Heritage Lake)

August 21-24 All Branches Camp at Can-ta-ka-ye September 5-7 Provincial Council & Networks Meetings Prairie Lily deadline September 10

October 3-4 Provincial Trefoil Gathering (Saskatoon)

October 3-5 Quest (Can-ta-ka-ve)

October 26 Youth Recognition Ceremony (Saskatoon)



You are invited... Girl Guides of Canada-Guídes du Canada Saskatchewan Council

# Annual Meeting

Saturday, April 26, 2014

Shekinah Retreat Centre Waldheim, SK

The Annual Meeting will begin at noon followed by a luncheon and awards ceremony.

For those wanting to attend the Annual Meeting and luncheon, please contact the provincial office.

Tickets are \$20 each.

# **Contact information**

Provincial Office: 306-757-4102

Toll-free: 1-877-694-0383

Gayle Hurd - admin@girlguides.sk.ca Margot Mack - provincial@girlguides.sk.ca Kirsten MacDonald - finance@girlguides.sk.ca 200-1530 Broadway Ave. Regina S4P 1E2

**Bridging Rivers Area Office: 306-652-3275** 

Toll-free: 1-877-652-0644

Cathie Drinkwater & Yvonne Turnbull

bridgingrivers@sasktel.net

801 Preston Ave. Saskatoon S7H 2V1

### **Southern Horizons Area Office:**

306-352-8057 or Toll-free: 1-888-881-3665 Brenda Gartner & Carol Schimnosky southernhorizons@sasktel.net

1530 Broadway Ave. Regina S4P 1E2

### **Provincial Office Hours**

September - June: **Monday to Friday** 8:30 a.m. - 5:00 p.m.



The Provincial Office will be closed April 18 – 21 for Easter break.



# Help wanted!

The following provincial positions need filling:

- Two Provincial Council Elected Members (Can be rural or urban from anywhere in the province; looking for one from each Area)
- Provincial Cookie Adviser
- Provincial Link Adviser
- Provincial Safe Guide Adviser
- More Safe Guide Assessors

# Message from the PC



### Greetings,

Olympic competition is on as I write. I am not a 'sports' person and know very little about the sports reflected in the games. But I do find myself inspired by the pageantry and the individual stories of challenge and passion as the athletes represent themselves and their country. I actually wonder how many of the athletes have been Girl Guides or Girl Scouts. An interesting twist to Thinking Day! I smile as I imagine that some of our 10 million sisters around the world may be there. Then I imagine that the girls in the Units around Saskatchewan could one day be Olympians, or end up standing on a podium in some other venue being recognized for their accomplishment and contribution. You are part of THEIR support teams!

We had a GREAT time with the Dr. Seuss theme of "The Places We'll Go" at the January conference. Were you there? Save the date now for next January in Saskatoon so you can be part of this fun event. For those who attended, have you had the opportunity to share the great ideas and resources with others in your District? The weekend delivered so many learning options. Trainers and Resource Guiders shared their program experience, their ideas and resources to enhance our roles in Guiding. The January Conference really does

provide practical ideas and tools to ensure we are delivering a 'Program of Excellence'. I hope your experience at the conference inspires you to have fun with your girls as you begin to realize the places and things you and your girls can now go to or do!

Our National Count happened at the end of January. I am delighted to announce that we increased our membership just over 7%. As of the count, we had 2,491 girl and youth members and 730 adult members for a grand total of 3,221! © Girl Guides in Saskatchewan is growing thanks to you! As a grass-roots organization you are the best PR we have. As the excitement about Girl Guides grows in our communities so will our numbers. The Girl Guides vision is that we are the organization of choice for girls. Across Saskatchewan more girls and women are choosing to belong to Girl Guides. number of new communities around Saskatchewan joined in our jolly game. Your leadership, creativity, passion and sense of fun and adventure keeps Guiding strong in Saskatchewan. Keep up the great work!

What you do as a Guider really does make a difference. You are vital to our organization. You provide the opportunities for our girls to build skills, to create memories, but perhaps even greater are the lifelong friendships! You are the face of Girl Guides in your communities around the province. It is your heart and hands that make the Girl Guide program come to life. Your touch leaves a lasting mark on each member with whom you work. I hope our girl and youth members continue to inspire you to try new things as you deliver amazing opportunities.

You all inspire me in my role. I am so proud to be part of Guiding in Saskatchewan!

Charlene

Charlene McLean
Provincial Commissioner
pc@girlguides.sk.ca



# **BRIDGING RIVERS AREA NEWS STREAM...**



Jessica Steadman and Trenna Bailey, new Guiders with the1<sup>st</sup> Tisdale Guiding Unit (new town this season) take in the January Conference!

### IT'S OFFICIAL!

The Count is done – 2013-14 numbers are in and we are happy! The January 31 National Count has BRAGG with:

- 1270 girls which is a 13.1% increase
- 363 adults which is a 5.5% increase, for an overall 11.3% increase
- Online registrations up from 70% to 72.5%.
- Three new towns, expansion in some Units to include additional branches and few closures

Thank you for your diligence in ensuring that girls and adults were registered and counted.

# 3<sup>rd</sup> Rangers Special Event Unit



The 3<sup>rd</sup> Rangers are again presenting a fun-filled year of activities for Guiding branches. This fall saw a very successful "Holiday at Hogwarts" event for Guides, and "Sparks Enchanted" is coming soon. "Brownie Magic Academy" follows, with the grand finale later – "Hogwarts Express" – for all branches. For information, check out their website at www.3rdrangers.weebly.com

From a recent email sent to BRAGG Guiders:

If you have even the tiniest inkling of magic in your bones and are ready to immerse yourself in the magical world of professors and potions, owls and oddities then we want to hear from you! Any contribution of your time is most appreciated whether it be in the planning stages or during the event itself.

Contact the Rangers by email at **3rdlonerangers@gmail.com** if you want to get in on the fun!

# Cookie seller wins prize!

Raj Kavia, owner of Kavia Autobody in Saskatoon, provided an iPad Mini as a prize for a draw among girls who sold 2013 Chocolatey Mint cookies. The lucky winner was **Cammy Moulder-Finlayson**, of Saskatoon, pictured here with Raj. Since last spring he has supported our Area by purchasing cookies from us to give as thank you gifts to his customers – thank you, Raj!





# AREA COUNCIL MEMBERS NEEDED

We will have an opening for one urban and one rural Elected Member (three year term) to be elected in April. Consider letting your name stand for one of these roles! Submit nominations or your own name to the Area office.



**COME JOIN IN THE FUN!** 



# SPOTLIGHT ON GUIDERS – District members!

**Jennifer Lefebvre** is a member of the Prairie to Pine District. She has been a member of Girl Guides of Canada for 15 years, with five as an adult. Here are her answers/comments on some questions we posed:

How did you get involved? I am originally from Quebec, where my mom was a leader and my sister and I were both members from Sparks to Pathfinders. When I moved to Saskatchewan, the only people I knew were Kristin Shantz and her husband. She invited me to one of her Ranger meetings and then I was hooked. I had wanted to do something in my spare time and I had found it. I was an active leader in Maidstone up until this year. This past fall, I moved to Pierceland, SK where there is no active Guiding. I have had to let my weekly Guiding habit go, but I have tried to stay as active as I possibly can at the district and provincial levels.

What opportunities have you had in Guiding? As a girl member, I was not aware of all the opportunities that were available through Girl Guides. Since joining as an adult member, I have tried to let the girls know about everything that is available to them and have encouraged all my girls to join in. I was privileged enough to accompany a group of girls to GM2010 and another group of young ladies on a trip to Our Cabana this past August. Both of these trips were amazing opportunities and I have made great friends and everlasting memories.

Why have you stayed in Guiding? It is the opportunities that are available, the foundation that Guiding was built on, the knowledge that can be passed on, the look on the girls' faces when they learn something new and all the long lasting friendships that I have built.

Two Stars and A Wish for GGC? To all the leaders and helpers who spend countless hours planning, organizing and doing activities with the girls every week just to see the smiles on their faces, you are what keeps Guiding going; to the girls who make it worth every minute that we spend getting everything organized, you are the reasons we keep coming back every year. My wish for GGC is to always have fun! That has always been my number one rule.

### Words from her Fellow Guiders:

Jennifer is an active Prairie to Pine Guider. She has led Units of Guides, Pathfinders and Rangers, planned district and provincial camps and conferences and, just last summer, took a small group of girls on an exciting adventure to Our Cabana. A few years ago, she took on the huge task of being our District Treasurer. Jenn is always up for a challenge...and some fun and friendship...and we are blessed to count her as one of our sisters in Guiding!

If you have something you'd like to see included in our Bridging Rivers Area Girl Guides section of the next Prairie Lily, please send to the Area office no later than <u>March 31, 2014</u>. Notices of condolence, postings of achievements or other news of wide interest are welcomed.



# Southern Horizons Happenings



# Area Fund Raising Steak Night Saturday, April 5, 2014

Barley Mill Brew Pub - 6155 Rochdale Blvd., Regina

- > \$22 Per person
- > 8 oz. steak/mushrooms/Greek potatoes/veggie etc.
- Limited space
- > Deadline, Wednesday, April 2
- > 50/50 draw raffles, etc.
- > Call Area to reserve your tickets

**Service:** an act of helpful endeavour; help; support: *to do someone a service*. Ideas from the various districts include:

- ♥ Baked items for local soup kitchens
- ♥ Walked dogs at the SPCA
- ♥ Craft kits for kids in hospitals
- ♥ Served refreshments at local music festival
- Collected/donated birthday party supplies to a women's shelter
- ▼ TD Plant a Tree project
- ▼ Made quilts for the homeless
- ♥ Sent cards to overseas military
- ♥ Collected for Terracycle
- ▼ Made pillow case dresses
- ♥ Hosted a seasonal party at a women's shelter

Has your Unit done something different/unique in the way of service? Let the office know.

# **AREA CAMP**

July 1 - 5, 2014

# Glen Harbour Kids Camp

- Please share this date with your girls and their families.
- Tell them to watch their emails for information/registration form in April (you watch, too!).





May 1, 2, 3, 2014 Victoria Square Mall, Regina During mall hours

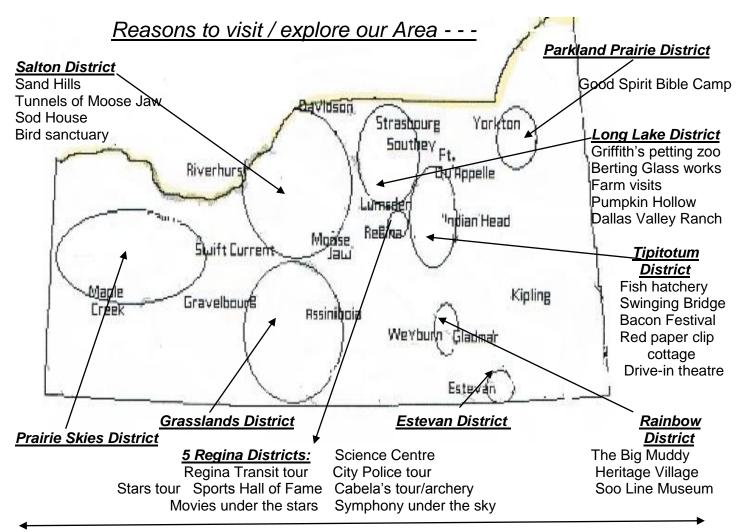
Donations of appropriate books such as cookbooks, children's books and novels may be dropped off at the Southern Horizons Area Girl Guide Centre. (No encyclopaedias, textbooks or Reader's Digest condensed can be accepted.)



Heartland District in Regina presented **Peggy Roettger** with the Fortitude Award as a commendable example of "A Guide smiles and sings even under difficulty". Peggy has carried on her Guiding commitments while receiving cancer treatment.

Congratulations, Peggy!





# **Weyburn District Olympic sleepover**



Taking a break from smoosh skiing!

Brownies, Guides, Pathfinders and Rangers gathered for an Olympic sleepover January 31 – February 1. They were joined on Saturday by 15 Sparks. The group was divided into five regions and competed in several challenges. Past Ranger, Ashley Koszman, who just returned from a one year Rotary Exchange in Russia answered lots of questions about her time in Russia. The cold weather on Saturday shortened the time spent outside, but most girls were able to try snowshoeing and "smooshing".



Balancing item on tongue depressor – part of the Minute to Win it challenges

# **Awards**

Submitted by Megan Clake Provincial Awards Adviser, <a href="meganl@sasktel.net">meganl@sasktel.net</a>

Hello from your Provincial Awards adviser! I think that this cold weather provides a perfect opportunity to think about awards – after all, appreciation certainly warms the heart!

In this edition of the *Prairie Lily*, I would like to focus on the **Unit Guider Award**. The Unit Guider Award is presented to Unit Guiders who:

- Provide girls with diverse and exciting programs and opportunities that will help them achieve greatness.
- Ensure there are regular bridging opportunities.
- Always welcome new Members.
- Attend trainings.
- Participate in district or community of Guiding meetings.
- Uphold the values of GGC.



- 1. Bronze (1-3 years experience)
- 2. Silver (4-10 years experience)
- 3. Gold (11+ years experience)





Guiders can receive one or all of the awards, and it is not necessary to have been given a lower level award to qualify for a higher level. The application for this award is fairly straightforward. It requires filling out an R.3 form and obtaining two letters of support. These would be forwarded to your District, who would forward to Area.

For more information on this or any other awards, feel free to contact me at <a href="mailto:meganl@sasktel.net">meganl@sasktel.net</a>.

# **Girl Greatness Awards**



### Nominations are now open for the national Girl Greatness Awards

Encourage the girls in your Unit to nominate either themselves or another girl in one of the following Girl Greatness Awards categories inspired by our Mission: Confidence, Resourcefulness, Courage and Making a Difference.









You can use the new "Girl Greatness Meeting Guide" for ideas on how to inspire your girls to participate and to introduce the GGC's Mission to girls of all branches and to encourage girls to consider what the GGC's Mission means to them. It's a great way to introduce the Girl Greatness Awards and kick-start the nomination process!

Please remember that this is an awards program for girls; parents and Guiders cannot submit nominations.

Nomination deadline: March 14, 2014

# Saskatchewan Membership Statistics

This chart reflects the **seven percent** increase in Membership in Saskatchewan over last year. Congratulations! Keep up the good work and hopefully we can continue to Grow Guiding in Saskatchewan!



Members	2012 – 2013	2013 - 2014
Girls Aged 5-15	2,226	2,417
Rangers/Transitioning Members	64	74
Total Girls	2,290	2,491
Adults	715	730
Total	3,005	3,221

# **Attention all District Commissioners!**

Mark your calendars and plan to attend!



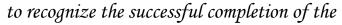
# 2014 DC Forum

**Building Strong Districts – Tools of the Trade** 

April 25 - 27, 2014

Shekinah Retreat Centre at Waldheim

# **Youth Recognition Opportunity**





Canada Cord Chief Commissioner's award Duke of Edinburgh award



and to recognize the Scholarship winners.

October 26 at 2:00 p.m.

Holy Family Cathedral in Saskatoon

# Nominations for Saskatchewan Council



### Saskatchewan Council

is seeking nominations for **two** elected members with no designation, **one** from **each Area**. ("No designation" means they can be urban or rural)

Term of office is three years.

Please feel free to nominate yourself as well.

Join our Provincial Council Leadership Team! Job description is available on request.

### Nominations may be:

- Emailed to <a href="mailed-englished-background-color: blue-background-color: blue-backgr
- Faxed to 306-347-0995
- Or placed in an envelope marked "Confidential" and mailed to: Saskatchewan Council #200 – 1530 Broadway Ave, Regina, SK S4P 1E2

Please have your nominations in by March 30, 2014.



Nominations are also open for the position of <u>Provincial Treasurer</u> which is a one year renewable term. Nominations can be made in the same way as above. Please have nominations in by <u>March 30</u>.

# The following provincial positions need filling:

- Provincial Cookie Adviser
- Provincial Link Adviser
- Provincial Safe Guide Adviser
- More Safe Guide Assessors



Can you help by volunteering or nominating someone who could fill a position? Job descriptions are available from the provincial office or more information is available from the current advisers.

Please send nominations to the provincial office by March 30, 2014.



A BIG THANK YOU is extended to our Provincial Commissioner, Charlene McLean, for accepting an extension of her term as PC. Your dedication is greatly appreciated!





# Registration 2014 - 2015

Registration fee remains the same as last year – no change!

\$10 discount available when you register early! Don't miss out on the savings!

### Early bird registration rate is available April 1 – June 27!

Save \$10 if you register prior to June 27.

Early bird details: Registration fee = \$115 After June 27: Registration fee = \$125

For additional savings we provide a family plan.

Early Registration Family Plan Details: (April 1 - June 27)

\$115 for first family member registration

\$105 for second family member

\$ 95 for each additional family member

After June 27 Family Plan Details: (June 28 - March, 2015)

\$125 for the first family member registration

\$115 for second family member

\$105 for each additional family member



# **Online Registration**



The **online registration site** will be **closed from March 3 – March 31**. If you have a Member wanting to register during this time refer them to the area office.

Again this year, online registration has a process that will ensure girls wanting to return to their same Unit will get first priority. Units across the country have historically filled and girls were disappointed when they could not return to their same Units. In Saskatchewan we have less risk of the Unit being full but to be safe, register early.

For your information the national site <a href="https://register.girlguides.ca">https://register.girlguides.ca</a> will accept registrations as the following:

**April 1 - April 30** — Open for registration of **girls returning to their same Unit** only

**May 1 - June 1** — Open for registration for **any girls returning to Guiding** again next year

**June 2 onward** — Open registration for <u>any girl</u> — brand new to Guiding or returning.

Note if you are registering your girls in different categories, there is a separate handling fee. We recommend that you register all members of your family at the same time to avoid any duplicate charges. If you have any questions, contact your area office.

Saskatchewan online registration statistics are not strong. We have one of the lowest online registration numbers in the country. We had only 62% of members register online. What can we do to help parents access the convenience of online registration? We will all have to work creatively to resolve all the barriers that seem to exist. Please commit to working towards a 'paperless' registration next year. Help promote and assist parents to use online registration successfully next year.

Let's increase our online registration statistics and save yourself the stress of being involved with this process!

# Safe Guide

Submitted by Linda Mushanski, Provincial Safe Guide Adviser

Spring is in the air – yep, I can taste it. Who believes a rodent anyway? And with the coming of spring means the coming of the busy time for the Safe Guide team of Assessors.

To ensure that things go smoothly for your submission, please remember the following easy steps:

- Yellow level activity forms are due at least 14 days prior to the start of the activity.
- Red level activity forms are due 21 days prior to the activity.
- International travel under 72 hours now requires 30 days notification.
- Red level Travel in Canada of 72 hours or more requires 30 days notification prior to the activity.



- Submit all of your forms to the provincial office. The minimum required is your SG.1, SG.2, SG.3 and SG.4. The office staff will log in your submission, assign it a tracking number and then send it to one of the Assessors for review. You will receive an email informing you of who will do the assessment and the tracking number.
- When you correspond with your Assessor, please ensure to "reply all". This ensures that a record of correspondence on your activity is present at the provincial office for future reference.
- Once your assessment is done and you have the go ahead, it is important to let your Assessor know if
  there are any changes to your activity. Life happens and things change; we all know that. However,
  constant communication will ensure that your activity remains compliant with Safe Guide guidelines.

Please download your forms each time from the national website to ensure that you have the most current versions. Failure to meet deadlines will result in your activity not being assessed and therefore not able to take place. Let's not disappoint our Units; send the forms in on time! Assessors are flexible but remember we are all volunteers.



I want to take this time to say a big "**THANK YOU**" to my team of Assessors and to the provincial office staff for all they do. Without this great team, the work would not get done.

# Volunteer Safe Guide Assessors are needed!

Can you assist with this very important role in Guiding? Qualifications:

- Have taken the Safe Guide Training
- Have regular access to a computer
- Have experience completing the Safe Guide paperwork

Mentorship will provide you with the additional training required.

The hours are flexible and you can work out of the comfort of your own home, even in your p.j.'s.

Contact the provincial office and provide a recommendation from your commissioner if you are interested.



# **Operation Earth Action - National Service Project**

Have you checked out the National Service Project website lately? The numbers of girls, Guiders, and Units who have already participated in this challenge are proving that individual choices can make a big difference.

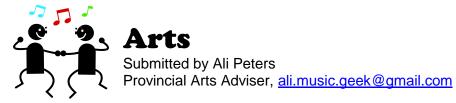
- Over half a million kilometres of unnecessary transportation (and subsequent greenhouse gases) have been saved using the "Map Your Meals" challenge.
- Almost three thousand batches of green cleaning products have been made! This is good for the environment and for our health.
- Over twenty thousand trees have been planted! Trees already absorb about one fifth of the greenhouse gas emissions produced by humans. The more trees, the better!
- Almost one thousand pledges to use reusable shopping bags and reusable water bottles have been made. Waste reduction is very important!

Check out the **Operation Earth Action** website to learn more about the National Service Project, and how you can participate. As an added benefit to feeling good about making positive environmental choices for yourself, for future generations, and for natural ecosystems, there's even a crest you can earn by completing the challenge! Don't forget to track your success online. <a href="http://nsp.girlguides.ca/">http://nsp.girlguides.ca/</a>

We can change the world. And it starts with a girl!

Your Provincial Green Agents are:

- Ashley Geddes (gedash@gmail.com)
- Megan Van Buskirk (<u>m.vb@live.com</u>)



With the Olympics finishing up, it's a great time to incorporate music and dance from different countries! Did you know there is always an official Olympic CD released for every Olympics? This Sochi Olympic CD has various national anthems as WELL as folk dances from Russia. What a great tie-in to Guiding!



**Dance** is all about expression – do not feel like you have to find a perfect dance to learn about another country! Google, youtube, and other Guiding sites are great places to watch and learn about different dances. The Olympic Channel on youtube has dances from opening and closing ceremonies since Vancouver... they are not all traditional, but represent the culture. As you learn about Guiding in other countries, see if you can create a dance as a group that shows what you learned!

Don't forget dances from North America as well! Square dancing, line dancing, and First Nations dancing are all great ways to learn about the arts that are from "home."

In the end, dancing with girls is about a non-verbal way to communicate through music. Let the girls move as much or as little as they feel comfortable, and they will find a new way to de-stress and appreciate the arts.

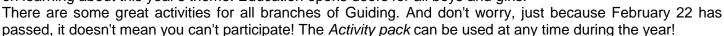
If anyone wants a complete list of tips and tricks from the Arts display at January conference, please email Ali at <a href="mailto:ali.music.geek@gmail.com">ali.music.geek@gmail.com</a> and she will email you back the tips!

# **International**

Submitted by Ashley Geddes
Provincial International Adviser, international@girlguides.sk.ca

World Thinking Day 2014 – Education opens doors for all boys and girls.

Are you wondering what to do for this year's theme for World Thinking Day (WTD)? Visit <a href="https://www.worldthinkingday.org">www.worldthinkingday.org</a> to download your copy of the 2014 Activity Pack to get started on learning about this year's theme: Education opens doors for all boys and girls.



### Ten Ideas for including World Thinking Day (WTD) into your meetings:

- 1. Fundraise for the World Thinking Day Fund get the girls involved in fundraising ideas.
- 2. Learn about the Focus Countries information for these can be found on the WTD website.
- 3. Shop the WTD merchandise crests and pins are available at the online WAGGGS shop.
- 4. Learn about this year's theme, MDG 2: achieve universal primary education.
- 5. Earn a World Thinking Day 2014 badge select the activities you want to work on with your Unit. Have fun!
- 6. Upload your uniform and see other uniforms around the world.
- 7. Visit the online activity log and read about what other Girl Guides and Scouts have been up to on WTD all over the world.
- 8. Create a WTD greeting card and upload it to the WAGGGS Flickr group.
- 9. Learn about the history of World Thinking Day.
- 10. Follow WAGGGS, share your WTD activities and spread the message on Facebook and Twitter using #WTD2014.



# Canadian World Friendship Fund (CWFF)

Through the Canadian World Friendship Fund (CWFF), Girl Guides of Canada is able to support projects in developing countries designed to improve the lives of girls and young women and their communities. Contributions to the CWFF also support Canadian girls and women attending international events.

Do you want your Unit to help contribute to the CWFF? Try out some of these ideas!

- Hold a Talent Show with admission being a donation to CWFF.
- Patrol Challenge Give each patrol a container. Each week the girls can bring coins to put in the container.
   Set a time frame and at the deadline, tally up each patrol's container to see who has raised the most!
- Carnival Games at a WTD Tea the money from the tickets can go to CWFF.
- Hold a silent auction at an event in your area.
- Hold a skip-a-thon Have the girls collect pledges.
- Donate a nickel (or more) for every year you have lived.
- Hold a dessert and entertainment night with admission being a donation to CWFF.

Do you have any ideas of your own you would like to share? Send them to international@girlquides.sk.ca

The Girl Guides of Canada slogan a **"Fiver for Friendship"** encourages each member of Guiding to donate \$5 to the CWFF. It is important that we share our resources with others.

Has your Unit met this goal?

A challenge: Should Saskatchewan consider having the goal of approximately 3,000 members x \$5 = \$15,000? Can we do it? Your collected CWFF money should be sent to your area office indicating it is for the CWFF.



# Saskatchewan Applicants

Did you know that Saskatchewan had applications for two girl members and three Guiders sent to national for consideration for the 2014 Nationally Sponsored trips? You go girls! Selections have been made...

# Congratulations to the following successful applicants who will be travelling this summer!

Guiders: Heather Neufeld: WINGS 2014 International Camp in Berkshire, England

Tammy Sutherland: Journey Through London 2014

Girls: (both from Saskatoon)

Kylen Rioux for WINGS 2014 International Camp in Berkshire, England

Bailey Mundell for Journey Through London 2014



# News from National - re international travel

Please be aware if you are planning to travel with Girl Guides that:



<u>All Members</u>, adults and girls, are expected to contribute <u>a minimum of 10% of the trip cost</u> themselves. This includes nationally sponsored trips. Our fundraising forms highlight this requirement but there was some misunderstanding that the expectation did not apply to adults who were also attending the event as ratio. So whether you are selected for a trip or organizing an independent trip at any level (with fundraising or no fundraising), all participants of the trip are required to personally pay 10%.

Budgets attached to SG.8's submitted to your International and Red level Safe Guide Assessors or FR.1's submitted for fundraising approval for trips must reflect this minimum 10% personal contribution by all participants, including the Guiders.

# GGC - National Board of Directors - Announcement



Saskatchewan Member, **Vicki McDougall**, was elected to the Girl Guides of Canada-Guides du Canada (GGC) National Board of Directors in December, 2013. Vicki has been a Guiding Member since 1987 and currently resides in Saskatoon. Congratulations Vicki!

# French Program books available



The provincial office now has Program books for sale in French for you to purchase at the same price as English books:

- Sparks Program books are \$5.20 (Includes GST).
- Brownie Program books are \$7.65 (includes GST).
- Guide Program books are \$11.05 (includes GST).



# "Train" the Trainer for "NEW" trainers and "GUIDERS" who train other adults

April 5 - 6, 2014

What: Understanding the Adult Learner (UTAL) Module and all five Trainer Stream Modules will be

included in this training - Needs Assessment, Facilitation Skills, Training Design, Training

Delivery, and Training the Streams

When: Saturday, April 5 at 9:00 a.m. to Sunday, April 6 at 2:00 p.m.

Where: Saskatoon Guide House, 801 Preston Ave., Saskatoon (306-652-3275)

Fee: (\$50.00+GST) = \$52.50 per person

Accommodations: Sleep at the Saskatoon Guide House or take responsibility for your own lodging

**Bring:** Sleeping bag, foamy and pillow and overnight gear, casual Guiding gear, water bottle and

enthusiasm to learn.

**Deadline to register:** March 20 Please contact provincial office to register!

If you are interested in becoming a Trainer, this is your opportunity!

Any questions, please contact Brenda Wilson, Provincial Training Adviser, <a href="mailto:training@girlguides.sk.ca">training@girlguides.sk.ca</a>

XTrainer's Training	Saskatoon	April 5 – 6, 2014
Name:	iMIS Number:	Unit:
Phone: (home)	(work)	(cell)
Email:		
Mailing address:	City / Town:	Postal Code:
Food/Allergies/Diet and/or physica	restrictions:	
Cost: \$52.50 (includes GST) Amou	ınt enclosed: (Cheque payal	ble to: Girl Guides of Canada, Sask. Council)
Please return Registration For particulars indicated on the Registr	<u>-</u>	registering by email, please indicate a
	wan Council 200-1530 Broadway	
OR register by phone 306-757-410 OR fax 306-347-0995	<u>.ca</u> OR Credit 22 or 1-877-694-0383 (Visa,	MC) Expiry:/

**Refunds:** The fee is refunded less \$25 up to two weeks prior to the event. Within those two weeks a written request must be sent to the provincial office for consideration of any refund.

# The "Bear" Necessities

# **OAL Adventure Camp Training**





Are you an experienced camper that wants to gain the skills and knowledge to take your girls backpacking, canoeing, cycle camping, or more?

Come to this weekend training to learn the "bear" necessities, the simple "bear" necessities!

**When:** Friday, 7:30 p.m. – Sunday, 2:00 p.m.

Where: Trefoil Trails, Pike Lake

**Cost:** (\$60 + \$GST) = \$63 per person

Deadline to register: April 15



Content will be from the OAL (Outdoor Activities Leadership) Adventure Camping program.

You will complete a large portion of the knowledge modules and plan for a backpacking trip which will occur this summer (date to be chosen by the group at this training). Do you want more details on this OAL Adventure program? Follow this.... go to the GGC Member Zone, Program Resources, Camping and Outdoors, Adventure Camping.

If you have any questions, please contact Carla Punshon by email: <a href="mailto:carla@punshon.ca">carla@punshon.ca</a>

×			
OAL Adventure Camp Training		ear Saskatoon	May 2 – 4, 2014
Name:	iMIS Number:	Unit:	
Phone: (home)	(work)	(cell)	
Email:			
Mailing address:	City / Town:	Po	stal Code:
Food/Allergies/Diet and/or physical re	estrictions:		
Cost: \$63 (includes GST) Amount e	nclosed: (Cheque payat	ole to: Girl Guides of	Canada, Sask. Council)
Please return Registration Form to particulars indicated on the Registration		ering by email, pleas	se indicate all
Girl Guides of Canada, Saskatchewa OR email <u>provincial@girlguides.sk.ca</u>	•	. 0	
OR register by phone 306-757-4102 OR fax 306-347-0995	or 1-877-694-0383 (Visa	, MC) Expiry:	

**Refunds:** The fee is refunded less \$25 up to two weeks prior to the event. Within those two weeks a written request must be sent to the provincial office for consideration of any refund.

# **Camping**

Submitted by Heather Neufeld Provincial Camping Adviser, <a href="mailto:camping@girlguides.sk.ca">camping@girlguides.sk.ca</a>

# S'more Ontario 2014 Tour

Are you looking for an **Adult only** event to connect in the Sisterhood of Guiding? If so, this is for you!

What: S'more Ontario 2014 Tour

Who: Guiders from Canada, USA and WAGGGS

**Where:** South Western Ontario. The itinerary includes stops at three different Girl Guide camps, Shaw and Stratford Festivals, Niagara Falls, a winery, St Jacobs Mennonite Village, African Lion Safari and so much more.

When: September 15-27, 2014

**Why:** Make new friends and rekindle old ones, while touring parts of Ontario.

All accommodation and entry fees are included in the price, as are most meals. The price is \$3,200. Registration deposits are due by March 31, 2014.

More information and complete itinerary can be found on the Event Calendar, under Adult Sisterhood category <a href="https://www.guidesontario.org/indes.php/quick-links/event-calendar-registration">https://www.guidesontario.org/indes.php/quick-links/event-calendar-registration</a> Currently there are participants registered from Canada, U.K. and Australia.

# Mark your calendars!



**Guiding Mosaic 2016** (GM 2016) is a national camp that will be held from **Saturday**, **July 9 to Sunday**, **July 17**, **2016** at Camp Woods on the shores of Sylvan Lake, Alberta. This is the 13<sup>th</sup> Girl Guides of Canada national camp to be held since 1927 and it will celebrate Guiding and the tradition of camping within our organization. A national camp is a unique and exciting opportunity, and all members of Girl Guides of Canada and all members of the 145 member countries of the World Association of Girl Guides and Girl Scouts (WAGGGS) are invited to attend.

Planning is underway to make this the best camp yet. Start your planning to attend! Go to the website www.guidingmosaic.com/ to see pictures of Camp Woods.

# GM 2016 camp credit information



The GM 2016 Camp Credit will be offered for the 2013 - 2014 and the 2014 - 2015 **Cookie All Stars** campaigns. In the end, if a girl does not attend this camp, an exchange will be offered in the form of a \$250 Future Shop Gift Card for every \$300 camp credit earned or \$125 Future Shop gift card for every \$150 camp credit. If the girl has registered for GM 2016, camp refund rules will then apply.

# Can-ta-ka-ye ~ The Happy Meeting Ground

Submitted by Barb Atkinson

# Can-ta-ka-ye Spring Clean-up

May 3 - 4, 2014

The main Camp Can-ta-ka-ye (on the shores of Lake Diefenbaker) clean-up will take place on Saturday starting at 10:00 a.m. and we would love to have you there! Bring your tents, campers or sleep in the lodge if you would like to join us for the entire weekend. Everyone is asked to be self-sufficient and no fees will be charged. We will provide a hot dog lunch on Saturday so that everyone can take some time from their chores to join together!



# Spring Camps 2014 - Mad about Science

May 23, 24 & 25 and June 6, 7 & 8

These camps are designed for camping with your Unit. **Units provide ratio and a first aider.** Sparks and Brownies are housed in the lodge, girls of older branches camp on site. Girls participate in a variety of activities geared to build their confidence and skill in camping. All meals, snacks and mug-ups are provided. Guiders help supervise girls during quiet time and at night, assist with camp activities including crafts, games, hikes, etc. and also assist in the kitchen with meal preparation, clean up and any other duties required.



Cost: \$65 + GST=\$68.25 per girl

### **Summer Camp 2014 Program**

Sparks & Brownies with adult companion

July 24-27

This camp offers the perfect opportunity for a great girls' weekend with the girls in your life. Bring your daughter, granddaughter, niece or neighbour and spend some quality time together under the prairie sky. You will participate in group activities and leave the cooking to someone else. Choose the lodge or camp on site, whichever suits you best. Accommodation in lodge is limited and will be on a first registered basis.

Cost: \$175 + GST = \$183.75 per pairing \*additional girl \$50 + GST= \$52.50



### **Guides & Pathfinders**

August 7-10

This camp will introduce girls to archery and canoeing. Dry land and water activities will develop skills under fully trained instructors. Girls will camp on site and learn how to maintain their camp. Note: inclement weather may affect the use of canoes on the lake.

Cost: \$140 + GST = \$147 per girl

### **All Branches**

August 21-24

This camp brings everyone together. Make new friends, learn new activities and bridge the barrier to camping.

Cost: \$140 + GST = \$147 per girl

# Volunteer Opportunities at Can-ta-ka-ye!

<u>Adults</u> – Join us by volunteering at camp this summer and help create a memory to last a lifetime for today's girl. Pick a day, weekend or week and help ensure that we can meet the needs of all our campers. Come alone or get a group together to operate a summer camp. We have the plan, we have the place, and all we need is **you** to ensure that a great camping season is had by all. Contact the Can-ta-ka-ye Operating Committee:

- Barb Atkinson dinsmoreguidingunits@gmail.com
- Cathy Newby <u>jcalpacas@sasktel.net</u>
- Sue Christiansen s.christiansen@sasktel.net
- Lori Court loricourt@sasktel.net

Camp volunteer application forms are available through the provincial office.





# October 3 – 5, 2014 Camp Can-ta-ka-ye

# **Tri- Wizard Tournament**

Q - Question your knowledge on outdoor skills & leadership

U - Use that knowledge positively, to create & have fun

E - Enhance skills learned through Guiding

**S** - Socialize to meet other Guiding members

T - Team work

Girls in groups of four will complete tasks for a 12 hour period to challenge the skills they have gained in Guiding and life. Come as a Unit or sign up independently and meet some new friends.

Units must provide their own first aider and ratio.

Adults attending will assist with station supervision while girls complete the challenge course.

**Registration deadline is** September 22, 2014. You can register prior to year end (this spring) and if you need to change team members in the fall, notify the provincial office. It is better to register early than late as you will need to receive further information after registration!

Be ready in the fall by registering in the spring!

Quest is open to 3<sup>rd</sup> year Guides, Pathfinders and Extra Ops

Cost for this event is (\$32.00 + GST \$1.60) = \$33.60 per girl

If you would rather put together a project for the teams to challenge, contact the provincial office for a "Project Registration Form". Our goal is to have a minimum of 24 projects continually running for 12 hours. Projects start on Saturday at 10 a.m. and go until Saturday at 10 p.m. Contact Heather if you would like some ideas for projects. The Project Coordinator needs to know your project details in order to assign an appropriate project site. You will be contacted once your form has been received. The Quest planning team recommends you have a minimum of three people working your project to allow for breaks.

Register early (May or June) to eliminate the early fall chaos!

To register or for more information contact: Heather Neufeld

<u>Camping@girlquides.sk.ca</u>



# Heritage Lake Serenity Camp, Ladies Retreat

# August 8 - 11, 2014



### Free Sessions:

- Yoga classes on the beach
- Canoeing & swimming
- Forest discovery hikes/ bird watching
- "Ole tyme campfires"
- · Crafts and more



- Saturday Night Party theme: "Caribbean Castaways" (costumes if desired)
- Hashing course "treasure hunt"
- Salsa dancing lessons

### Paid Sessions:

- Lessons in Watercolour Painting: beginner & intermediate classes, \$15 (includes materials)
- Stepping Stones with inlaid stained glass \$10 for 3 hour session
- Essential Oil Creations \$15 \$20 for 2 hour session
- Reflexology: \$35 for 50 minutes
- Mini Massages: scalp/shoulders \$25 for 30 minutes
- Colour Energy Accessories; healing stones & jewelry \$10-\$25

Please bring cash (no personal cheques) to cover the cost of the "paid" sessions, as banking facilities are not available. Individual session fees will be charged on a cost-recovery basis.

For more information, phone Serenity Camp Director, Susan Prakash at 306-764-7021.

Please note that this is an <u>adult camp</u> focused on rejuvenation, well being and vitality.

**Cost:** Guiding Member \$125 includes GST Non-Guiding member \$195 includes GST

One Day Fee \$ 90 includes GST (includes 3 meals and all free sessions – no overnight)

Registration Deadline: <u>Friday</u>, <u>July 25, 2014</u>

Registrations are processed on a **"first come, first serve basis"**. The registration fee includes all food, accommodations and free sessions. Indoor accommodation in the sleeping lodge is limited, so register early! Outdoor tenting is available.

erenity 2014 Heritage Lake ame:			August 8 – 11, 2014 iMIS #:	
Address:		City/Town:		PC:
Phone:	(h)	(w) Email:		
Food allergies and phys	sical restrictions:			
I prefer to sleep in: _	Bunk ( top o	r bottom)	Tent	Own Tent
My level in swimming is My level in canoeing is:	:: 			
				es of Canada, SK Council) Expiry Date:

Return to: Girl Guides of Canada, Saskatchewan Council

200-1530 Broadway Ave., Regina, SK S4P 1E2

OR Email: provincial@girlguides.sk.ca (Include all registration)

information.)

**OR** Phone 306-757-4102 Toll-free 1-877-694-0383

**OR** Fax: 306-347-0995

**Refunds:** The fee is refunded less \$25 administration fee until two weeks prior to the event. Within those two weeks, a written request must be sent to the provincial office for consideration of any refund.

# **Hand and Whistle Signals**

Submitted by Marg Stewart

Hand and whistle signals are two basic kinds of signals used by Scouting and Guiding Members around the world. As a Guider you may find yourself faced with a large group of girls and/or adults in a room, or at camp where there is a very large space over which you may want to be able to communicate. Hand and whistle signals are very effective ways to do this. For whistle signals, blow sharply to make sure there is a clear difference between long and short blasts. Practice the signals by playing them in the form of a wide game. The girls will have a lot of fun, and the Guiders will have a valuable tool. Practice signals before you go to camp so that girls are familiar with them.

### Whistle Signals:



### One long blast:

Freeze, stop, silence, attention Everyone should raise their hand to indicate they understand, and wait for the next signal or instructions.

### Succession of short, sharp blasts:

Rally, fall in, come here.

Everyone come quickly. Use to gather the girls.

### A succession of long, slow blasts:

Scatter, go out, go further away. This could be used when playing a wide game.

### Three short blasts followed by one long one:

Patrol Leaders come here. Valuable at camp when you want the patrol leaders to come and either get or give you information. Teach the girls by pronouncing the words "lea-ders come Heeeeeeeeeeeee, to match the length of the blasts.

### A succession of alternating short and long blasts:

Alarm! Look out, be ready. To be used as a fire or emergency signal. You should have a gathering place and have your girls go there at this signal.

### Hand signals: (Use when you can be seen.)

# Hand straight overhead: Do not make the Guide or Brownie Sign as a signal!\*\*

Freeze, stop, silence. Everyone should raise their hand also to indicate they understand, and wait for the next signal or instructions.

Hand moved quickly up and down several times: Rally, fall in, come here.

Everyone come quickly. Use to gather the girls.

Hand held high, waved slowly from side to side: Scatter, go out, go further away.

This could be used when playing a wide game.

<u>Hand waved horizontally from side to side several times across face</u>:

No, never mind, as you were.

Move both hands to describe a large circle: Form into a circle.

<u>Hands stretched out in front of you:</u> Form two lines.

Hands held up in a u-shape: Form a semi-circle.

One hand pointing in any direction: Go that way.



\*\* The Brownie or Guide Sign is used when a member of Guiding says her Promise; the Brownie or Guide Sign is <u>not used</u> for a Hand Signal such as for silence.

# PUBLIC RELATIONS (PR)

**Guiding Is Great In Saskatchewan!** 

Submitted by: Alice Gaveronski Provincial PR Adviser, pr@girlguides.sk.ca



# 7<sup>th</sup> Annual Girl Guides & Tim Hortons Clean-Up Saskatchewan

Saturday, May 3, 2014

- Hope you have registered & ordered your T-Shirts.
- Have you decided on your location for your Community Clean-Up?
- Your District Reps will receive information on arrival date of T-Shirts & supplies around the middle of April by email.
- Please review the 2014 Clean-Up Guidelines which are printed in this issue of the Prairie Lily.
- Thanks for Participating Have a Great Day!

0.0	HIKE around SASKATCHEWAN Crest Request Form			
	Unit Participating:		Number of Participants:	
District		Area_		
Date of Hike:		Location of Hike:		
Complete ma	iling address for crests: _			Hike Around
Cres	sts @ \$2 each = \$	Amount Enclosed	d:	Saskatchewan 2014

Girl Guides of Canada-Guides du Canada, Saskatchewan Council 200-1530 Broadway Avenue, Regina, SK S4P 1E2

The **NEW** 2014 Crests have arrived!

If you hiked in 2013, there are still a number of "2013 Hike around Saskatchewan" Crests available to purchase. Place your order now & please indicate that you want the **2013** Crests!

### **Need a NEW location for your HIKE around SASKATCHEWAN?**

Check out the Saskatchewan Trail Association website under "Maps" and you will find about 36 maps of different Saskatchewan trails to hike. Why not end your Guiding year by planning a hike on Saskatchewan Trails Day which always falls on the first Saturday in June.

2014 Saskatchewan Trails Day is Saturday, June 7!

"Trails offer affordable recreation opportunities for individuals and families of all ages and abilities," says Saskatchewan Trails Association President Cathy Watts.

### **Guidelines 2014**

### Girl Guides & Tim Hortons Clean-Up Saskatchewan May 3, 2014



### **Before the Clean-Up:**

- Please refer to the Safe Guide Activity Planning Chart, page 11, and plan accordingly.
- Fill out the Emergency Response Form (SG.4) for each separate location being cleaned.
- Have a plan in place to dispose of the garbage you collect as soon as possible.
- Contact the town, city and/or school to let them know your plan (where you are going to clean and when).
- If you are cleaning a highway, contact Highways & Transportation to let them know your plan.

### Things you need:

- First Aiders & First Aid Kit(s)
- Hand Sanitizer (or hand wash jugs & towels)
- Whistle(s)
- Disposable gloves (Tim Hortons will be supplying gloves.)
- Extra work gloves (Suggestion: Younger girls could wear mini-gloves under the disposable gloves.)
- Industrial strength garbage bags (Tim Hortons will be supplying one garbage bag per participant.)
- Coffee cans, plastic jars or milk jugs \*WITH LIDS\* for sharps and/or pieces of glass.
- Safety Vests, especially if cleaning highways
- Permission Slips for each participant under 18 (SG.1 and SG.2)
- Emergency contact & medical information for each participant (members & non-members)
- Emergency numbers if applicable and at least one cell phone unless a landline is available nearby
- Emergency Response Plan form (SG.4)

### **During the Clean-Up:**

### General:

- Maintain required <u>ratios</u> at all times. (Girls should be in <u>pairs</u>, at least, and should have an adult in sight and within talking distance at all times.)
- Wear gloves at all times.
- Wear sturdy shoes or boots. (Rubber boots would work.) No flip flops or sandals.
- Do NOT wear MP3 players, walkmans, etc... that could distract from danger signs & sounds.
- Clean only during daylight hours.
- Do not clean in <u>severe weather</u> (lightning, heavy rains etc...). In cases of severe weather, please let <u>pr@girlguides.sk.ca</u> know, with your plans to reschedule your event, if possible.
- Do not pick up hazardous materials such as <a href="mailto:chemical/herbicide">chemical/herbicide</a> containers or <a href="mailto:animal/birds carcasses">animal/birds carcasses</a>. On the highway, contact Highways and let them know what and where the item is to be picked up. In your town/city, find out who to contact to remove these items. Condoms may also be an issue. One suggestion to deal with this issue was to tell younger girls not to pick up any balloons.
- If you find needles, syringes or other sharps, you can use a puncture proof container (coffee can) to collect these. Only ADULTS should ever touch these items. Place the container on a flat level surface, and while wearing gloves, pick up the item by the non-sharp end (i.e., needles by hub, syringes by plunger) and place them in the container. Do not try to put the lid back on the needles. Put the lids in the containers as well. Containers should be taped shut and placed in the garbage for disposal. \*\*\*Check with your community in regards to this practice some communities may prefer that needles & syringes are NOT picked up by the general public, and there may be a number to call in this situation.\*\*\*
- Never squeeze or push down garbage in the bags this could result in injury.
- No pets allowed.
- Have <u>whistle(s)</u> in case of emergency make sure everyone knows what the signals mean and what to do
  if they hear the whistle.
- Assign clear boundaries and make sure everyone stays within them.
- Every registered participant should get a Tim Hortons Clean-Up T-shirt in a bright colour for good visibility.



Highways & Major Roads (guidelines from Highways & Transportation):

- Cleaners should be over 12.
- Anyone between 8 and 12 can clean highways with low traffic (1500 vehicles/day).
- Wear safety vests.
- Do not pick up tires or tire remnants let Highways know and they will have them disposed of properly.
- Wear lighter coloured clothes that cover arms and legs (old clothes that can get dirty).
- Clean one side of the highway at a time, facing oncoming traffic no zigzagging across the road.
- Do not clean underpasses, bridges or overpasses.
- Stay off the highway.
- Do not direct, stop or interfere with <u>traffic</u>.
- Post signs, if possible, to make the public aware of the fact that you will be cleaning in the ditches.
- See Highways Website for more information: <a href="http://www.highways.gov.sk.ca/docs/programs\_services/Adopt-A-Highways/safetyrules.asp">http://www.highways.gov.sk.ca/docs/programs\_services/Adopt-A-Highways/safetyrules.asp</a>

### After the Clean-Up:

- Ensure that all garbage is picked up and delivered to the landfill as soon as possible (ASAP)
  or designated containers.
- Make sure that someone has contacted any groups like Highways & Transportation to let them know of hazardous materials that needed to be picked up.

<u>PLEASE</u>, before the Clean-Up begins, <u>TALK</u> with all of the participants about the safety guidelines set out above. Discuss emergency plans, point out the first aiders and make sure everyone knows the boundaries.

# Thank you for participating! Have a great day!



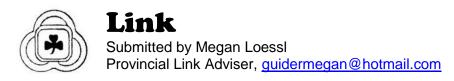
### **PR Photos**

Photos are needed for the Annual Report or other PR opportunities. If you have any photos of Guiding activities you would like to submit, please send them via email to the provincial office. Remember to check that the Image Release has been signed for any photos you send. Also, a brief phrase about "who, where and when" the photos was taken would be helpful.

# Guiding crests are a "hot commodity"

Whether they represent your Area, District, Saskatchewan or they are produced for a special Guiding event, Guiding crests become wonderful souvenirs, sought-after traders, not to mention they make great **PR** conversation. Sew them onto a hoodie, sweatshirt – something you can wear in public. Try it! Wear your sweatshirt full of crests to a mall one afternoon. Be prepared to be stopped so that the public can chat about Guiding & to be asked a number of questions about your wonderful crests. Take along some Guiding PR material to give them, a Guiding business card, or ask the question, "Are you interested in having fun with us by volunteering?"

Don't forget to submit a couple of your Saskatchewan Guiding crests that you have produced to the provincial office c/o Archives with some written information about the crest. These crests are part of our Saskatchewan Guiding history.



Happy New Year, Links, and a special hello to those just joining us – whether you've been involved with Girl Guides before, have just completed your girl program or are completely new to Guiding, we welcome you!

As your Provincial Link Adviser I am here to help and support you. It is my goal to ensure that Link members are connected in Saskatchewan. Please contact me if you have any questions, need support or just want to chat! I look forward to hearing from you. My term as Provincial Link Adviser is coming to a close in April, so if you or someone you know is interested in taking on the position please contact me or the provincial office. The National Scholarship Application time is in full-swing. There are 35 scholarships to apply for by April 1, 2014. Whether you are going to school full-time or part-time, or your field of interest is Education or Engineering or any other field, there is a scholarship for you! Be sure to check the full listing. <a href="http://www.girlguides.ca/GGC/Programs/Scholarships/GGC/Programs/Opportunities/Scholarships.aspx">http://www.girlguides.ca/GGC/Programs/Scholarships/GGC/Programs/Opportunities/Scholarships.aspx</a>?hkey=2006fffd-4b2e-46dc-ab71-8105a6d17cef

# **GGC - National Scholarship Program**

Attention Members of Girl Guides – girls or adults:

New this year! National has an <u>online scholarship application system</u> and scholarship applications can only be submitted online, no longer by mail.
 Scholarships are open to both girl and adult members, and for full or part-time students.
 Guiders are asked to encourage their girls to apply.

Scholarships are awarded to Members who are active in their communities and not necessarily those with the highest marks. For more information, or how to apply, refer to: <a href="https://www.girlguides.ca/scholarships">www.girlguides.ca/scholarships</a> and view the "FAQ — Submitting a National Scholarship" for instructions of how to do the online submissions.

The application deadline is April 1, 2014 at 11:59 p.m. EST.

We do not want this great membership opportunity to be a secret – Share with anyone you know who would be eligible. Good Luck!

# **Sisters to Sisters Fund**



A little reminder: Donations to the **Sisters to Sisters Fund** are always greatly appreciated. You can donate any amount, anytime.

Just forward your donation to the provincial office. For all personal donations, an income tax charitable donation receipt will be issued.

# **Training**

Does your District need some training?

We could provide a training team that would come to you!

Contact the Provincial Training Adviser,

Brenda Wilson at training@girlguides.sk.ca for help.



# **Keeping the Spirit Alive!**

Submitted by Mary Lynne Golphy, Provincial Trefoil Guild Adviser 306-567-2819 evenings p.golphy@sasktel.net

# Moose Jaw Pathfinders and Rangers host 99<sup>th</sup> Birthday Party for Trefoil member Mona Jones

Mona Jones, a member of the Moose Jaw Trefoil Guild, celebrated her 99<sup>th</sup> birthday on Friday, January 31. She had a busy day with radio and newspaper interviews and then was treated to a pasta supper along with all Moose Jaw Trefoil Guild members hosted by the Moose Jaw Pathfinders and Rangers. Note the flower arrangement that looks like a cake, as well as the real cake. Guiders from Salton District joined them for cake and ice cream that evening.



Mona was a girl member in Moose Jaw and shared with the Pathfinders and Rangers memories and pictures of her time as a Guide. She renewed her promise in 2011 and became an active member of the Moose Jaw Trefoil Guild.





# **January Conference registration workers**



Many thanks to members of Regina's Trefoil Guild for working at the Registration table at the January Conference!



# Cookie Chatter



Submitted by Marj Jackson, Provincial Cookie Adviser cookies@girlguides.sk.ca

- 1. Saskatchewan sold **9,520 cases** of cookies in 2013. Congratulations!
- 2. Although April 12 is Cookie Day in Canada, Saskatchewan Council has approved **April as our cookie selling month!** There is no longer the need for everyone to sell on the same day or in the same week. Be sure to register your Unit if you are participating.



- 3. Sell cookies door to door in your community or to those around you. Contact local Co-op locations who have been great partners in the past for selling cookies.
- 4. Classic Girl Guide cookies are now certified as Kosher.
  - \* This certification was achieved without altering the formulae of the cookies. All of the ingredients in our chocolate and vanilla cookies were already either Kosher certified or deemed Kosher by their nature. At Dare's manufacturing facility for our spring cookies, they had removed all non-Kosher ingredients, which paved the way for us to have the classic cookies certified.
  - \* Beginning this spring, boxes of our classic chocolate and vanilla cookies will have a Kosher certification symbol, similar to the nut-free symbol already on the boxes.
  - \* At this time, it is not possible to have our chocolatey mint cookies certified as Kosher as the facility that adds the chocolatey coating uses non-Kosher ingredients in its other production lines.
- 5. The **Cookie All Stars** Rewards and Recognition website is now open and closes May 1. Don't miss out.
- 6. Camp credit: There is a new camp credit option available to girls who reach the top two reward levels of Cookie All Stars. Any girl who sells between 40 and 79 cases of cookies over two campaigns can choose a \$125 Future Shop gift card or a \$150 camp credit towards GM 2016 registration. For girls selling more than 80 cases, the options will be a \$300 camp credit or a \$250 Future Shop gift card.



- 7. **Provincial Cookie Fundraising Incentive** is for girl members selected for a provincial, interprovincial or international event; or participating in an independently organized trip; or girl(s) wanting to attend a Guiding planned event that requires a significant cost. Please check the provincial website for details.
- 8. If you are having a special cookie sales event, don't forget to add it to the Cookie Finder Map.
- 9. Check the *Winter, 2014* issue of the *Canadian Guider*. Our own Alice Gaveronski has written about "Cookie Selling Skills for Sparks".
- 10. Reminder: Cookie Sales benefit all levels of Guiding. It is our only national fundraiser and it should be our only local fundraiser! All other Unit fundraising activity must be discussed with your DC and forms completed for approval.

This is my last year as Provincial Cookie Adviser. I want to thank everyone for the great job you do in selling Girl Guide Cookies. I have enjoyed the last five years especially meeting so many great people either in person, over the phone or by e-mail.

"Cookies are the fuel that makes Guiding go!"

# **Communications**







Submitted by Jenna Hehn Provincial Communications Adviser, communications@girlguides.sk.ca

January Conference was a great success! We were able to answer many members' questions regarding social media, ease some minds, and even get some members set up on Facebook, twitter and Pinterest. Thanks to everyone who attended one of the social media and Member Zone sessions!

In an increasingly digital world, it's important that Saskatchewan Girl Guides keep up with online communication methods. We want to stay relevant to our girls, their families, and the public. One of the easiest ways to do that is to have a presence on Facebook.

Did you know that Saskatchewan Girl Guides has a group on Facebook where Guiders from all corners of the province can promote their events, share news, and get support? There are currently 218 members in our group, and it's growing more and more every day! We love to see it expand, so, if you're on Facebook and looking for another way to connect with Guiders, join us and make that number explode!

There are many incredible resources that can be found in the Facebook universe for Guiders! One of our favourites is the "Guiding Camp Themes". In this group, Guiders from across the country share the camp themes that they have used. In many cases, one can find complete planned camps that Guiders have tried and shared with the group. What an excellent way to share our knowledge and

expertise while delivering dynamic programming to the girls!

Facebook can be an excellent communication tool for Guiding. If you're wondering how you can use it in your Guiding life, think about creating a private group to communicate with the other Guiders in your Unit, your district, or perhaps the parents in your Unit. It's a great way to keep everyone informed and complete planning. This way, everyone can contribute on their own time, conversations are easier to read than in an email, and it's just as easy to share documents or photos within a group Facebook as it is to send an email.

Where to find Saskatchewan Girl Guides on social media:

- Follow us on Twitter at saskgirlguides
- Add us as a friend on Facebook: Saskatchewan Girl Guides
- Like our new page on Facebook: Saskatchewan Girl Guides of Canada
- Join our Facebook group: Saskatchewan Girl Guides
- Follow us on Pinterest: Saskatchewan GirlGuides

Stay tuned for our exciting new website launch, a presence on YouTube and a blog!

Any questions or concerns regarding social media, please email communications@girlguides.sk.ca

# Prairie Lily

From the Editor, Marg Stewart

The provincial newsletter, the *Prairie Lily,* is published four times a year. Deadlines for submissions of articles are: **September 10, November 10, February 10** and **April 10**.

- Many thanks to all those who have sent in submissions! Future submissions of articles and/or photos may be sent to the provincial office at <u>provincial@girlquides.sk.ca</u>
- A colour version of the *Prairie Lily* is on the provincial website at <u>www.girlguides.sk.ca</u> Note: the password uses a small "a" for Robert Baden-Powell's sister's name (agnes).
- If you prefer to read the *Prairie Lily* online and would like to discontinue receiving the paper copy, please inform the provincial office. The office will contact you and let you know when the current *Prairie Lily* is posted online.
- If you have any requests or suggestions for articles, please contact Marg via the provincial office.

# **Fun with Science!**

Ideas taken from Kristin Shantz's session at the January Conference

### **Snow Volcano**

### Supplies needed:

2 spoonfuls of baking soda 1 (or 2) tablespoons of liquid dishwashing soap Several drops of red food colouring 30 ml vinegar (or a bit more) Empty small water bottle



### Method:

Add baking soda, liquid soap and food colouring to the water bottle. (If doing this inside, place water bottle in a pan.) Pack snow around the water bottle, level with the top. Add the vinegar and watch the eruption! It if doesn't work well, add a bit more liquid detergent and vinegar.

### The Science explanation:

Vinegar (an acid) and baking soda (an alkali) react together to neutralise each other. This reaction releases carbon dioxide, a gas which is the bubbles you see. The bubbles make the liquid detergent bubble up to give the reaction as shown.

\*\*\*\*\*\*\*\*\*

# **Density**

Density is a tough concept to grasp. We confuse ourselves by referring to our weight, when we really mean our mass. Mass is really "how much stuff" is there! Density is how much mass is in a volume (or space).

One way to illustrate density is to pour different liquids (which have different densities) on top of each other. The liquids with the greatest density sink to the bottom.

Try putting the following in a clear glass (using the coloured liquids makes it easier to see the layers):

- Honey
- Corn syrup
- Dishwasher liquid (green)
- Milk
- Water with red food colouring
- Vegetable oil (canola which is yellow)

(See page 32 of this issue for a photo. It was also fun putting red food colouring in a glass of ice water to see what happens.)

### The Science explanation:

Each of the liquids has a different mass of molecules or different numbers of parts squashed into the same volume of liquid, which makes different densities and therefore each one can sit on top of the other. The denser a liquid – the heavier it is.

### Archimedes and "Eureka!" Story

Once there lived a scientist called Archimedes who worked for the King. The King summoned him to his chamber one day with a problem.

"I have had this beautiful crown made out of pure gold," the King said, "but it does not look pure to me... look at the colour! The problem is the crown has the same mass as the gold I gave to the craftsmen to make it. I know that they stole some but I cannot prove it. I want to chop off their heads!"

"Oh, that is a problem," replied Archimedes.

"Well, now it is your problem," said the King, "because if you don't find out how they did it, I will chop off your head too!"

Poor Archimedes went away and could not stop thinking. Morning, noon and night he wracked his brain. He started to accept that his head would be chopped off and decided to have one last hot bath! As he stepped in, he realised that some of the water spilt over the edge!

"Eureka!" he cried, "I've got it! I'm a genius, I've really got it!"

He went back to explain to the King. "Metals of the same mass have different volumes which change their density, he said. "We can test this by the process of dispersion. If we place a metal of one mass into a full beaker of water, the amount that spills over the side (the dispersed water) is equal to the volume of the metal. If we put in a different metal of the same mass, the amount of water it will disperse will be different. We can now test the crown. We shall measure the amount of water dispersed by the mass of the pure gold you gave me and see if it is the same as the crown. If the volume is different, you can chop of their heads!"

And that is how they discovered density!



# **January Conference 2014**

January Conference 2014, held in Regina January 24 - 26, was a success with 138 Guiders in attendance. There was a variety of sessions from Dehydration, to Social Media, to Self Defence, and everything in between. Guiders reported it was a well-rounded fun weekend with plenty of training opportunities. "The Places We'll Go In Guiding" are many!

Thanks to all the participants for attending and making the weekend so worthwhile.

A huge thank you is extended to all the awesome Trainers and Facilitators

for making this conference a great success!

Ali Peters

Alice Gaveronski

Annette Lang

Ashley Geddes

Barb Atkinson

Carla Punshon

Carrie Morrison

Charlene McLean

Desire W

Ev Steciu

Glenda E

Heather I

Janice Gr

Jenna He

Jo Ann S

Desire White
Ev Steciuk
Glenda Eden
Heather Levy
Heather Neufeld
Janice Graessli
Jenna Hehn
Jo Ann Scott-Hodgins

Jo Szostak
Judy Helfrick
Karen Litke
Kay Peters
Kristin Shantz
Laurie Lanovaz
Lisa Wilde
Marg Stewart

Marian Clark Melissa Gartner Melody Fries Phyllis White Sara Horseman Sheila Wilson Shelley Matsalla

And a special thanks to the coordinator, Brenda Wilson, for all her planning and organizing; to the provincial office staff, Gayle Hurd and Margot Mack for their support; and to the Regina Trefoil Guild members for their help!

Thanks to all the bidders and to all who donated items for the Silent Auction which along with other donations raised **\$1,194** for the **Canadian World Friendship Fund**.



Thanks also to those who brought Guiding clothing to donate – This generated \$155.50 for the Sisters to Sisters Fund.

Brenda Wilson

See you next year and bring a buddy!



Lord and Lady B-P and Sylvia Ku (a.k.a. Janice Graessli and Marg Stewart)

Thanks to
Barb Boughner,
Carla Punshon,
Marg Stewart
and
Brenda Wilson
for photos.



Snow Volcano erupting

# **January Conference 2014**

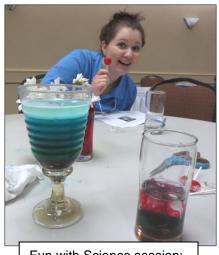
Photos from a few of the wonderful sessions offered.



Earning CPR and AED certification



Scuba Diving fun with Carla



Fun with Science session: Experimenting with density



Creating a willow wreath



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